



Immediate Release

The Grotto Spa voted #1 Spa In Canada!

North Americans continue their love affair with spa and wellness travel, as illustrated by Spas of America's annual list of the Top 100 Spas. The results are in as Spas of America unveils North America's favourite spas of 2018 based on unique page views and consumer choices and Parksville's Grotto Spa at Tigh-Na-Mara takes the crown as the #1 Spa in Canada.

Spas of America, the #1 spa and wellness travel website showcasing more than 800 of the best resorts, hotels and health spas to consumers around the world announced the Top 100 Spas of 2018 including the Top Spas in Canada. "We are so honoured and it is with great pleasure that the Grotto Spa has regained the title as the #1 Spa in Canada, as well as being selected as the #1 Ocean Spa experience in North America", says Grotto Spa Director, Paulina Alexander.

"In 2018, we continued to see steady growth in the North American spa and wellness industry, with record visits of 187 million generating over \$17.5 billion in revenue," says Spas of America President Craig Oliver. "Spa and wellness consumers in the United States, Canada and Mexico understand that wellness benefits their lives by reducing stress, promoting relaxation and increasing overall well-being says, Oliver. Whether guests are traveling alone or in a group, spa and wellness travel offers people a chance to focus on what is most important – their own health and well-being."

"I am very proud of our team at the Grotto Spa for their dedication, pride and commitment to our guests," says Tigh-Na-Mara's General Manager, Paul Drummond. "Our tranquil forest and oceanfront destination resort and spa offers our guests a variety of opportunities to relax and reconnect with nature and themselves. We sincerely appreciate our long-standing partnership with Spas of Americas and this esteemed recognition from their viewers."

The Grotto Spa at Tigh-Na-Mara provides the perfect prescription for rest, relaxation and rejuvenation, offering guest experiences that go beyond the expected. Signature and feature treatments focus on West Coast natural ingredients and the unique endless tapas dining experience is beyond compare. With 20,000 square feet of spa bliss, we give relaxation a whole new meaning. www.grottospa.com For a sneak peek check our videos here: <https://tigh-na-mara.com/video-webcam>

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